



# Physician's Statement and Health History

**Patient's Name** \_\_\_\_\_ **Birth Date** \_\_\_\_/\_\_\_\_/\_\_\_\_  
Last First Middle Initial mo. day yr.

**Sex:** Male Female (please circle) **Height** \_\_\_\_\_ **Weight** \_\_\_\_\_

**Dates of Trip:** \_\_\_\_\_

**Note to Physician: Activities include:**

- Air travel up to 1 day in length, vehicular travel up to 4 hours, walking on cobblestone up to a mile.
- Manual labor on the average of nine hours per day over a one to two week period; labor may include painting, shoveling, carrying loads, planting activities, other physical activities.
- Less than adequate rest at times.
- Exposure to many different foods, often unusual in comparison to one's normal diet
- Stress from communal living and from witnessing trauma associated with children in poverty.
- Traveling and living in developing nations.

**The above individual has been examined by me and I find him/her:** (please check)

- Qualified for the Guatemala Trip with no restrictions.
- Qualified for activities but has a minor condition(s) that will not interfere with participation.  
 Explain, if necessary, \_\_\_\_\_
- Qualified for the Guatemala Trip with the following recommended restrictions:  
 \_\_\_\_\_
- This individual is, in my estimation, not qualified for a Guatemala Trip per the activities as suggested.  
 Reasons for this have been fully discussed with the individual concerned.

**Physicians Signature** \_\_\_\_\_ **Phone** ( ) \_\_\_\_\_

**Name** (please print) \_\_\_\_\_ **Date** \_\_\_\_/\_\_\_\_/\_\_\_\_

Please check any applicable items and explain in section below:			
<b>HEALTH ISSUES</b>	<b>IMMUNIZATIONS</b> (Please list most recent dates)	<b>MEDICAL CONDITIONS</b>	<b>ALLERGIES</b>
<input type="checkbox"/> Physical	<input type="checkbox"/> Tetanus*	<input type="checkbox"/> Knee problems	<input type="checkbox"/> Medications
<input type="checkbox"/> Emotional	<input type="checkbox"/> Polio	<input type="checkbox"/> Back problems	<input type="checkbox"/> Bee stings
	<input type="checkbox"/> Measles/Mumps/Rubella	<input type="checkbox"/> Asthma	<input type="checkbox"/> Pollen
<b>REQUIRED RESTRICTIONS</b>	<input type="checkbox"/> Hepatitis A*	<input type="checkbox"/> Attention Deficit Disorder	<input type="checkbox"/> Dander
<input type="checkbox"/> Activities	<input type="checkbox"/> Hepatitis B*	<input type="checkbox"/> Menstrual Pain	<input type="checkbox"/> Food
<input type="checkbox"/> Diet	<input type="checkbox"/> _____	<input type="checkbox"/> Acne	<input type="checkbox"/> Other _____
	<input type="checkbox"/> _____	<input type="checkbox"/> Chemical Imbalance	_____
	<input type="checkbox"/> _____		_____
	<b>*Strongly Recommended</b>		

Please explain any **HEALTH ISSUES, MEDICAL CONDITIONS, REQUIRED RESTRICTIONS** (Vegetarian menus cannot always be accommodated), **ALLERGIES** or **MEDICAL CARE** that Guatemala Trip needs to be aware of: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list any **SPECIAL MEDICATION**. If so, explain for what reason and how often? Please state need for any staff or counselor supervision or allocation. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Return to:**  
 WorkPlayLove.org  
 info@workplaylove.org  
 or Kim@KimMelia.com



# Medical Information and Authorization

Please Print and Use Black Ink Pen

Name \_\_\_\_\_ Social Security \_\_\_\_\_  
Last First Middle Initial

Dates of Trip \_\_\_\_\_

Please put a ( C ) after a phone number for a cellular phone. Thank you.

Father's Name \_\_\_\_\_ Day Phone ( ) \_\_\_\_\_ Evening Phone ( ) \_\_\_\_\_

Father's Address \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Mother's Name \_\_\_\_\_ Day Phone ( ) \_\_\_\_\_ Evening Phone ( ) \_\_\_\_\_

Mother's Address \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Spouse/Other \_\_\_\_\_ Day Phone ( ) \_\_\_\_\_ Evening Phone ( ) \_\_\_\_\_

Spouse/Other \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

## If unable to reach any of the above, please list two additional contacts

Name	Relationship	Day Phone Number	Evening Phone Number
1. _____	_____	( ) _____	( ) _____
2. _____	_____	( ) _____	( ) _____

## Medical Clinic and Physician

Name of Clinic \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Clinic Address \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Name of Primary Care Doctor(s) \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Doctor's Address \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

## Insurance – WE REQUIRE A PHOTO COPY OF A CURRENT INSURANCE CARD/DOCUMENT

Person Responsible for Payment \_\_\_\_\_ Relationship \_\_\_\_\_

Name of Employer \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Employer Address \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Name of Insurance Company \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Policy Number \_\_\_\_\_ REMINDER: Please send a copy of current insurance card.

I hereby approve registration as  myself \_\_\_\_\_ or

parent or  legal guardian of (name) \_\_\_\_\_

and give permission to take part in the Guatemala Trip. I voluntarily waive any claim against Work, Play, Love, Kim Melia, Facility Owners and staff, team leaders, volunteers, and any minors or contacts for any mishap or lost articles, or any and all accidents injuries and illnesses that may arise in connection with the Guatemala Trip activities. In addition, I realize that if trip leaders have to secure proper medical treatment for the above named person, they have my permission to do so. If those listed above cannot be reached at the above given numbers, I hereby authorize Kim Melia, and/or authorized persons to sign for necessary emergency and/or general medical treatment. This includes x-rays, injections, and surgery for the above named person during the time they participate in this Guatemala Trip. In a case of an emergency, all attempts will be made to contact the parent, legal guardian or spouse prior to medical treatment.

My signature verifies that all information given on this form is correct to the best of my knowledge.

Date \_\_\_\_\_ 20\_\_\_\_

BLACK INK signature – Parent, Legal Guardian, Self

## Return to:

WorkPlayLove.org  
info@workplaylove.org  
or Kim@KimMelia.com



Name and dates of your trip \_\_\_\_\_

**PARENT PERMISSION FORM**

To whom it may concern:

**I/We** \_\_\_\_\_  
parent(s) or guardian(s)

give permission for **my/our child** \_\_\_\_\_ to participate in a Guatemala Team Trip traveling to Guatemala.

**I/We** \_\_\_\_\_  
parent(s) or guardian(s)

give permission for the designated trip point of contact and/or the applicable persons to make all health and medical decisions for my/our child during the duration of the Guatemala Trip, \_\_\_\_\_ (please list dates of trip).

**I/We** understand that full effort will be made to contact and discuss any major treatment with **me/us**. **I/We** understand that communication can be erratic, difficult, and sometimes impossible internationally.

**I/We** \_\_\_\_\_  
parent(s) or guardian(s)

give permission for **my/our child** \_\_\_\_\_ to be transported across country borders if necessary for medical treatment and/or evacuation.

**I/We** \_\_\_\_\_

understand that **my/our child** \_\_\_\_\_ may be in proximity to and/or participating in activities with children who may be HIV+.

Father: \_\_\_\_\_  
print full name

\_\_\_\_\_ signature

\_\_\_\_\_ date

Mother: \_\_\_\_\_  
print full name

\_\_\_\_\_ signature

\_\_\_\_\_ date

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